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photo courtesy of **Larry Blackburn**

**H**appy Mother's Day! Looking for some ideas to make Mom's day more special? Turn to page 9 for some inspiration and if you're planning on taking her out on the town the *Dining & Drinking* pages have plenty of options. Check out page 10 for some great information on the **Key West Wildlife Center**. This will be a regular monthly

feature that we hope will spread the word and inform people about all the wonderful work being done at the **Wildlife Center**. There are two featured businesses this month, **The Little Red** is on page 6 and **Isle Smile** is on page 13. Also inside, we are excited to bring you the latest issue of the *Well Magazine*. If for some reason you don't find it inside, look for the May issue in wellness offices around Key West or pick one up at **Date & Thyme**. Have a great month!

— Michelle and Michael Finger

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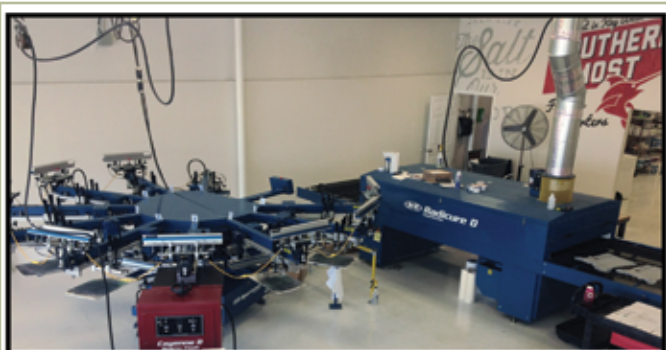


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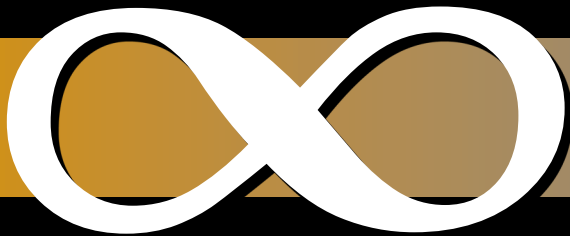
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Looking for gizmos, gadgets, gifts, novelties, and the like? How about sparkling resort wear and board shorts sure to draw the attention of all.

Partners Juan Pisani and Val Marmillion have created a shopping environment of unique stuff at **The Little Red**. Juan wants you to enjoy what he calls “the thrill of shopping.” Find outrageous cards and gifts under the circus big top motif in this one place and the best gifts to take back home.

With something for everyone in the family check exotic and bold jewelry from around the world and don't forget your wine accessories for that special evening in paradise.

If a wedding is in your plans, Juan says you are in luck. Bachelorette parties and special LGBT cake toppers make **The Little Red** the most diverse wedding shopping in the keys.

Don't forget to look at the section in the back of the store called *Cheap Thrills* for special priced items.

A Key West original and top rated on TripAdvisor, **The Little Red** is a favorite among locals and tourists alike. **The Little Red** recently located to 419-A Duval St., the building with “The Best Shops of Key West.” It shares this building with its sister store **The Peace Store** located at 419-C Duval St. The store hours are 10am until 10pm and are closed only on Thanksgiving, Christmas, and New Years days. When you stop in to shop and check them out, bring this article and the store will honor 25% off one item. **The Little Red** features numerous items that will make you say “Wow.”

by Kathy Sage



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# KEY WEST WILDLIFE CENTER



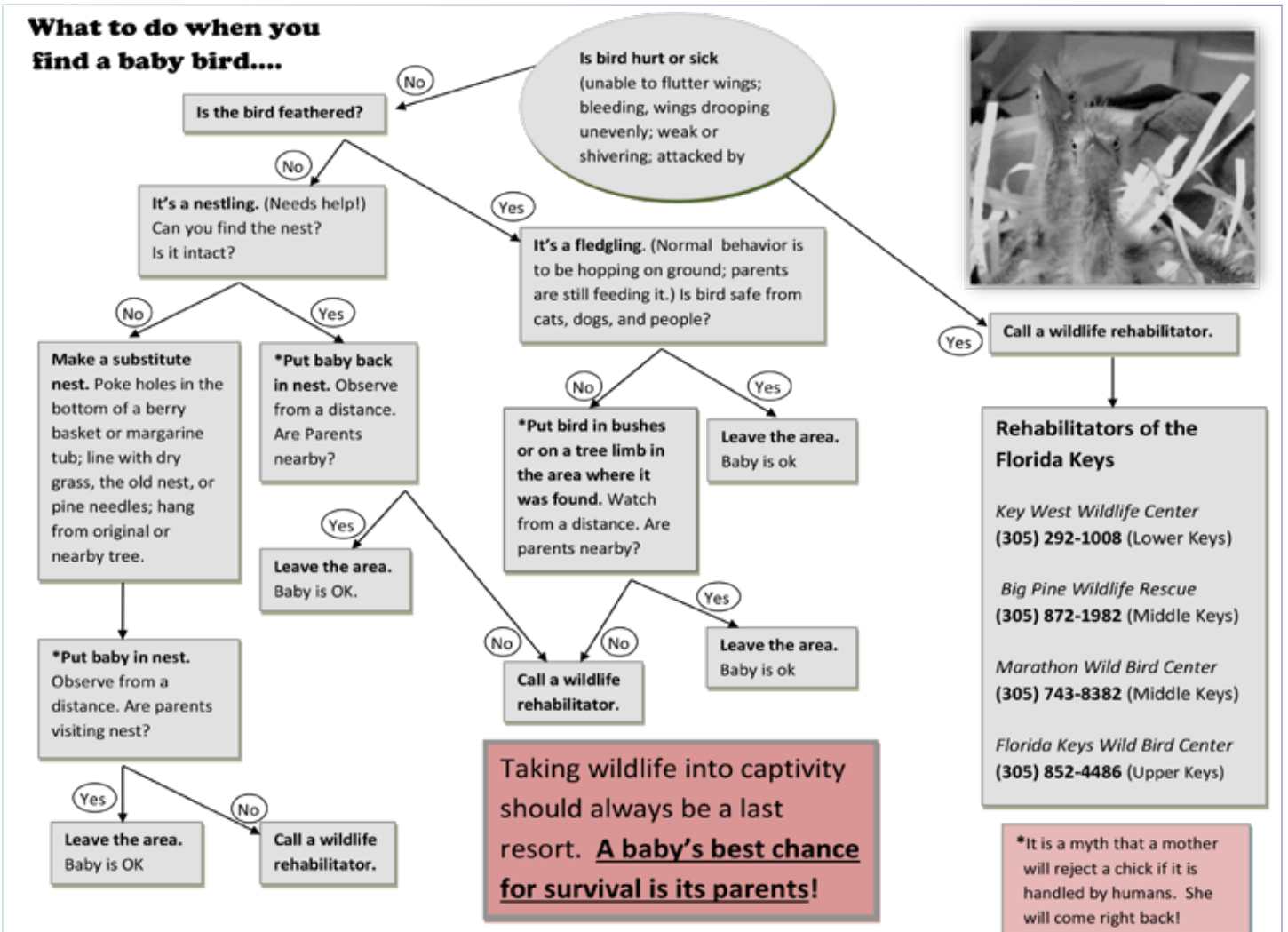
The Key West Wildlife Center is located inside of the eight acre Sonny McCoy Indigenous Park at 1801 White Street in Key West Florida. Open seven days a week from 9am-5pm all year.

Visit and enjoy observing native flora and fauna while walking on the paved trail through the park. The nature walk includes a freshwater pond and two aviaries. The Indigenous Park is great spot for observing migratory birds in both the fall and spring. The Key West Wildlife Center operates a clinic on the property that enables us to provide treatment to injured and sick wildlife.

## WILDBIRD & WILDLIFE SERVICES

The Key West Wildlife Center provides rehabilitative care to over 1000 native wild animals focusing on wild birds and also providing rescue services for sea and land turtles and marine and land mammals. They provide 24-hour emergency rescue services for wildlife from mile marker 0-15 in Key West, with the focus on rescuing, rehabilitating, and returning our avian patients back to the wild. They work closely with other local and regional rescue groups to provide rehabilitation for non-avian species. They have a small number of permanent residents who serve as wildlife ambassadors for environmental educational purposes. Presently the KWWC's annual budget for our wildlife rehabilitation program is approximately \$60,000, of which 100% comes from donations.

The Key West Wildlife Center is a 501(C) (3) Charitable Tax Exempt Organization. Your donations help us to fulfill our mission. Contributions are deductible under the Internal Revenue Code. Please use PayPal to donate or send checks to: Key West Wildlife Center, PO Box 2297, Key West Florida 33045.





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## Protect Yourself

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**DISCARD:** old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.

**EMPTY AND CLEAN:** birdbaths and pets' water bowls at least once or twice a week.

**PROTECT:** boats and vehicles from rain with tarps that don't accumulate water.

**MAINTAIN:** the water balance (pool chemistry) of swimming pools. Empty plastic swimming pools when not in use. Stop mosquitoes from living and multiplying around your home or business.

### COVER YOUR SKIN WITH:

**CLOTHING:** If you must be outside when mosquitoes are active, cover up. Wear shoes, socks, long pants, and long sleeves.

**REPELLENT:** Apply mosquito repellent to bare skin and clothing. Always use repellents according to the label. Repellents with DEET, Picaridin, oil of lemon eucalyptus, and IR3535 are effective. Use mosquito netting to protect children younger than 2 months.

**COVER DOORS AND WINDOWS WITH SCREENS:** Keep mosquitoes out of your house. Repair broken screens on windows, doors, porches, and patios.





There are individuals who talk about bettering their community and then there are people like Dr. Sandy Pape of **Isle Smile** who make it a mission.

“We’re fanatic about dentistry, about teaching it, and about making a difference,” Pape says.

That is, a difference on a local and global level.

Here in Key West, Pape and her colleagues helped support the children at Poinciana Elementary by offering techniques in preventative dental care during February’s ADA’s National Children’s Dental Health Month.

The goal was to teach students about how proper dental maintenance can help thwart more serious problems as they enter adulthood.

Likewise, Pape and **Isle Smile** recently took their dental vigor to an international level when they joined forces with Project Humanity and traveled to a small Kenyan island close to Lake Victoria.

Working with local special needs children and adults, they performed exams and also tutorials on how healthy dental care can be achieved.

In response to their selfless volunteering, **Isle Smile** was awarded their fourth humanitarian volunteer award from Project Humanity in just eight years.

Now, as they refocus on the Key West community, **Isle Smile** is offering the Quality Dental Plan, or QDP, which is perhaps the best deal in dentistry.

“I see so many people that say they haven’t been to the dentist in years because they can’t afford it, well, now they can.”

The QDP is a national discount program that is exclusively offered by **Isle Smile**.

Based on a yearly membership, the QDP is just \$485.76 per person and covers unlimited exams, unlimited X-rays, whitening, healthy cleanings, fluoride treatments,



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“It’s a great option for affordable dental healthcare and it keeps it in the community,” Pape explains. Furthermore, there are no deductibles, no waiting periods, no exclusions, no pre-existing clauses, no yearly maximums, and no enrollment periods.

Additionally, there are child discounts as well as family and group discounts.

“There’s been a lot of members that are so happy with the QDP that they drop their insurance entirely,” Pape describes.

In the last year alone, Pape says they have tripled their number of QDP memberships because it’s such an excellent program. **Isle Smile** also offers free oral cancer screening for all patients.

Monthly specials can be found on their website [www.keywestfdental.com](http://www.keywestfdental.com).

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*by Henrik Olson*

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# KEY EVENTS

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### MAY - NOVEMBER 30

**Key West Fishing Tournament** — More than 40 species of fish are targeted during these months, with divisions for men, women, junior anglers (ages 10 to 14) and Pee Wees (under 10 years old). The Key West Fishing Tournament strongly encourages the release of game fish. All participating anglers receive certificates noting their catches and qualify for a variety of prizes. Contact: Rob Harris 305-587-6718 Email: [director@keywestfishingtournament.com](mailto:director@keywestfishingtournament.com).

### MAY - JUNE 7

**Key West Art & Historical Society presents: Roberta Marks** — “Roberta Marks: a Retrospective,” a cohesive exhibition of nearly 30 years of her mixed media work, is to be on display at the Custom House Museum. Marks, whose work has won many awards and is widely collected and featured at numerous museums and galleries throughout the country, creates mixed media pieces via photographs, paintings, collages and constructions that investigate the mystery of being. Her constructions, fabricated using found, bought or gifted objects and materials, are portrayed as stage sets, representing the artist’s existence and personal landscape. Contact: 305.295.6616 x 112

### MAY - JULY 31

**Key West Art Garden 2016** — Florida Keys artists and sculptors are featured in this open-air exhibit at the Key West Tropical Forest and Botanical Garden. Exhibit is open from 10am to 4pm. Entrance is free. Contact: 305-296-1504 Email: [kwbg@kwbg.org](mailto:kwbg@kwbg.org)

### MAY 4 - 8

**Key West Songwriters’ Festival** — The 21st annual showcase of musical magic features America’s foremost performing songwriters, with concerts staged in intimate, audience-friendly island settings. Contact: Charlie Bauer 305-304-0814 Email: [kwswf@aol.com](mailto:kwswf@aol.com)

### MAY 8

**The Key West Orchid Society** will hold their last meeting of the season Sunday, May 8 at 1:30 at West Martello Gardens, Higgs Beach. Tom Kuligowski, a speaker new to us and a specialist in Angraecum orchids will be the last speaker until we meet again in October with Quest Orchids kicking us off. Plants for sale and raffle and local Show and Tell orchids are offered with a chance to win the best hybrid and species gift of a beautiful orchid from the speaker. All are welcome to join us at this beautiful venue on the beach. For more info contact [keywestorchidsociety.org](http://keywestorchidsociety.org) or Marie, [keywestmarie@yahoo.com](mailto:keywestmarie@yahoo.com) 305-509-7744.

### MAY 8

**Visit the Family-Friendly Sheriff’s Animal Farm!** — Looking for a fun place to take the kids? The Sheriff’s Animal Farm is open 1—3 p.m. Bring the family and come visit the many animals at the farm. It is free of charge, but donations are welcomed because that is how the farm is sustained. The farm is located just off of College Road, on Stock Island, at the Sheriff’s Office Headquarters complex. Open

Continued on page 26 ▶



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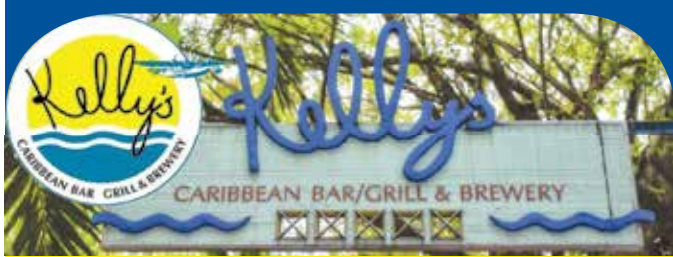
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KEY WEST FLORIDA

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# KEY EVENTS

the second and fourth Sundays of the month. Contact: Farmer Jeanne Selander 305-293-7300

## MAY 11 - 15

**Kamp Key West** — This annual event is designed for LGBT outdoor enthusiasts and adventurers who recall the fun and games of summer camp. Attractions include on-the-water subtropical island activities and games for adults.

## MAY 13 - 15

**Papio Kinetic Sculpture Parade** — The Key West Art & Historical Society presents this inaugural, family-friendly exhibition event that is also an art-inspired float parade powered by humans on bicycles. People of all ages can celebrate the creative, funky and wild designs on display.

## JUNE 8 - 12

**Key West Pride** — Key West shows its Pride every day, and this is your chance to be a part of the celebration! The five-day schedule includes daytime pool and beach parties, late-night drag shows, on-the-water adventures ranging from snorkeling and kayaking to glass-bottom boat tours, a street fair, a 10k relay for tutu-wearing runners and walkers, and pageants to select Mr., Miss, and Ms. Key West Pride. Contact: 305-294-4603 Email: [events@gaykeywestfl.com](mailto:events@gaykeywestfl.com)

## JUNE 10 - 12

**Third Annual Mystery Writers Key West Fest** — Renowned mystery writers and acclaimed storytellers are to infiltrate the island where Hemingway and Tennessee Williams found their inspiration. Open to authors, aspiring authors, and non-writing mystery-buffs alike, MWKWF 2016 welcomes keynote speaker, New York Times bestselling author Robert K. Tanenbaum, and special guest authors Timothy Hallinan, Heather Graham, and James O. Born. along with a criminally stellar hit-list of some two dozen high-profile and award winning mystery and crime fiction authors and true-crime experts. Also featured is presentation of the 2016 Mystery Writers Whodunit Writing Competition award. Contact: 305-587-9392. Email: [info@mysterywriterskeywestfest.com](mailto:info@mysterywriterskeywestfest.com).

## JUNE 11

**VFW Fishing Tournament** — This family oriented tournament offers cash prizes for dolphin, wahoo, tuna, snapper, and grouper, along with prizes for heaviest fish by a lady angler, heaviest fish by a juvenile angler, pee-wee and active service member. Heaviest Dolphin is worth \$2,500. All proceeds benefit disabled and veterans in need throughout Monroe County. Contact: Pete Thomas 305-509-7244 Email: [psty2k@yahoo.com](mailto:psty2k@yahoo.com)

## JUNE 16 - 19

**Key West Africana Festival** — Explore music, art, and Key West's Afro-Caribbean culture during a three-day destination retreat focusing on thought, culture, and wellness. The festival is to integrate music, art and cultural tourism, exploring Afro-Caribbean culture in Key West. Join scholars as they discuss their research and wellness experts present their practice areas. Contact: Chris Norwood. Email: [cnorwood@keywestafricanafestival.com](mailto:cnorwood@keywestafricanafestival.com).



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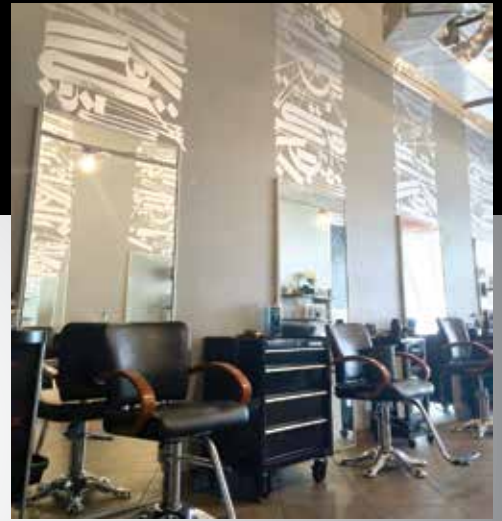
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